BENGALURU, FRIDAY, APRIL 28, 2023 www.Bangaloremirror.com 12 Pages PRICE ₹3

Bangalore Mirror

TEMP Max 33 | Min 22 | Humidity 74% Generally cloudy sky with one or two spells of rain Sensex 60,649 | Nifty 17,915 | Gold 61,100 | Silver 80,200 | Dollar 81.83 | Euro 90.07 | GBP 101.85

CITY / PAGE 2

SUSTAINABLE LIVING

Growing demand for eco-friendly housing in city

CITY / PAGE 4

WASTE PILE-UP

Rayasandra locality is facing major garbage crisis

Just 8.9% of proposed EV chargers set up by Bangalore Electricity Supply Company in last 4 years

CHARGE OF THE LIGHT BRIGADE

BESCOM cites lack of bidders for public-private partnership

Melvin Mathew
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TWEETS @BangaloreMIRROR

It seems as though BESCOM's plan of setting up public charging infrastructure to meet the rising demand for electric vehicles (EVs) is slowing down.

In the last four years, only 8.9% of the proposed EV chargers have been established by Bangalore Electricity Supply Company. Officials at BESCOM cited a lack of bidders for the public-private partnership (PPP) projects to the slow scaling.

According to BESCOM, as of now, only 320 EV chargers have been established out of which 290 are AC and 30 are DC. The company has also proposed the construction of 3,264 EV chargers at various locations — out of which, 140 were proposed by BESCOM, 36 were proposed at RTO locations, 688 under the FAME-II scheme, 2,380 under the PPP model, and 20 under DC fast charging along NH 48.

According to BESCOM officials, the slow scaling of charging infrastructure is due to a shortage of participants in the PPP project that constitutes the majority of the proposed chargers: "We are not able to find participants for the PPP model. We will soon call a tender; already we have finalised for 5-6 locations," an official said.

EV users BM spoke to said that a

CONTINUED ON PAGE 9 »

> **"BESCOM should bring all charging infrastructure available under one platform for EV users**
>
> — Pawan Mulukutla, World Resources Institute

CALL OF POLL DUTY

Doctors, nurses, paramedical staff asked to report for election duty may affect healthcare services on May 3, 9, 10

Y Maheswara Reddy
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TWEETS @BangaloreMIRROR

Hundreds of inpatients and outpatients have to bear the brunt as medical services at a few government hospitals are expected to come to a grinding halt on May 3, 9, and 10 due to the state assembly elections.

The district election officer issued an order directing doctors, nurses, and paramedical staff to attend training for election duty on May 3 and report to election duty on the day of polling which is scheduled for May 10.

Around 100 employees, including nurses and paramedical staff, of CV Raman Government Hospital and 74 paramedical staff of Jayanagar Government Hospital, and around 50 paramedical staff, nurses and laboratory technicians from KC General Hospital were assigned election duty for three days.

"I do not know what will happen to the patients; especially those who need treatment on an emergency basis. Earlier, the district election officer asked doctors to attend training for election duty. Later, doctors were exempted from attending training based on a

CONTINUED ON PAGE 4 »

3 THINGS TO DO

01 Classic moves

Madhulita Mohapatra, a renowned Odissi dancer, is all set to captivate art lovers with her rhythmic footwork, intricate hand gestures & exceptional abhinaya skills in her upcoming Odissi dance performance on Sunday. This performance is part of Chhau Dance Festival presented by Shreshtha Heritage Foundation & Govt. Chhau Dance Centre (Jharkhand) organised in memory of pioneering Seraikella Chhau artiste & guru Padma Shri Pandit Gopal Prasad Dubey who passed away in the month of November last year 2022. **Where: Kondajji Basappa Auditorium, Palace Road; When: April 30, 5 pm**

02 Book love

Atta Galatta is celebrating 11 amazing years of sharing the love for books and conversations with all. To commemorate this special occasion, they are having a huge blowout sale on the last weekend of April. But that's not it! There will also be stalls put up by local businesses, selling a variety of cute knick-knacks from stickers, handmade jewellery, multipurpose oils, thrifted clothes, and so on! **Where: Atta Galatta When: April 29, 30, 11:00 am- 8 pm**

03 Inner discovery

The Shakti Cirque Gathering, a transformative workshop designed exclusively for women. If you're feeling overwhelmed, stuck, or struggling to tap into your inner strength and courage, you're not alone. Many women face similar challenges in today's fast-paced world, and that's why they are here to help. Through a combination of ancient wisdom from the Shakta tradition, powerful women's listening circle, Shakti dance and movement meditations, and guided Shakti visualisations, one will embark on a journey of inner healing, transformation, and self-discovery.

Where: Bangalore Creative Circus; When: April 30, 5 pm - 8 pm; Contact: 88001 60184

Dream home? Take the sustainable route

There's a growing demand for eco-friendly housing in B'luru, say experts

Iffath Fathima
Iffath.Fathima
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TWEETS @BangaloreMIRROR

Sustainable green homes have become a popular trend in the real estate industry in Bengaluru. These homes are designed to minimize their environmental impact, reduce energy consumption, and promote eco-friendly practices. Many developers are now incorporating sustainable features in their projects to meet the growing demand for green homes in the city.

In a recent report, CBRE India in its report 'Indian Real Estate's ESG Landscape and its Progress to a Sustainable Future' pointed out that the country's green assets have risen by 37 per cent in total. An over the years there has been a huge demand towards green buildings.

The important features of sustainable green homes include use of renewable sources of energy, water conservation, use of eco-friendly materials in construction such as bamboo or recycled steel. The sustainable green homes are also designed in a way to improve the indoor air quality as well as having a good landscape to increase the biodiversity.

Bhaskar T Nagendrappa, President, CREDAI Bengaluru said, "According to a report by WorldGBC, the green building market in India is expected to double by 2022, and it is projected to reach a value of USD 35-50 billion by 2025. The innovative sustainable green homes designs and technologies currently used involve green buildings, these are buildings that are designed to minimize their impact on the environment by using sustainable materials, energy-efficient systems, and renewable energy sources. This apart, solar power, rainwater harvesting and energy efficient appliances."

Anshuman Magazine, Chairman & CEO - India, South-East Asia, Middle East & Africa, CBRE pointed out that the developers are increasingly adopting strategies that integrate sustainability for a green future. "The past five years have witnessed a significant push toward green building. Technologies that can monitor and enhance the energy performance of buildings are seeing higher adoption in real estate. It is now becoming essential to have technology that can be integrated into a property's Building Management System (BMS), obtain energy data in real-time, organise it, and analyse it to decide the best course of action for increasing energy efficiency and lowering expenses."

Use of renewable resources and eco-friendly materials are some important features of sustainable homes

Rakesh Reddy, Director, Aparna Constructions & Estates Pvt Ltd said, "The growing popularity of remote working has led to an increased demand for 3BHK and larger living spaces across India with an abundance of open spaces and sustainable amenities. While the initial investment may be higher, implementing green features can greatly enhance the long-term value of a property. The integration of sustainable features in building design results in decreased maintenance expenses. This factor serves as a key attraction for prospective buyers."

Reddy also disclosed an innovative construction that results in close to zero wastage that is now very popular.

"An innovative construction process called Mivan technology, is a state-of-the-art aluminium wall formwork that is an excellent replacement to the conventional construction technology that offers higher efficiency, close to zero wastage and a massive reduction in the skilled resources. Mivan technology ensures that surrounding areas are not disturbed during construction with its speed and efficiency, while minimising carbon emissions."

Draft syllabus based on NEP out, soon

The draft syllabus for the fifth and sixth semesters of degree courses based on the National Education Policy (NEP) and the National Curriculum Framework (NCF) is set to be released soon.

A committee of higher education experts was tasked with preparing the draft syllabus and has successfully completed almost all the textbooks within the given deadline of April 29.

A few more textbooks are expected to be completed shortly. Moreover, the syllabus for the 6th semester will be submitted next week. The syllabus for the first to fourth semesters has already been prepared.

Officials have stated that the draft syllabus will be available by the first week of May, and an opportunity will be given to submit objections.

In Karnataka, there are 430 government degree colleges and 321 private colleges with 3.2 lakh students studying in these colleges. Karnataka State Council for Higher Education Vice-President, Prof YS Sidde Gowda, has confirmed that the pending NEP syllabus structure for semesters is being developed by committees of experts.

PUC supplementary examinees to appear for CET

The Karnataka Examination Authority's Executive Director, S Ramya, has issued a notice that students taking the supplementary examination for not achieving satisfactory marks in their main exams must also take the Common Entrance Test (CET).

The CET is scheduled for May 20 and 21, and Ramya stated that marks from the supplementary examination will only be considered for seat allotment if the student also appears for the CET. Even if a student is only taking the supplementary exam, they are still required to take the CET.

BSc CET sees overwhelming response

The implementation of the BSc CET by the Karnataka Examinations Authority (KEA) has seen an overwhelming response, with 16,000 students applying within a week of the launch of the application process.

This move was intended to regulate colleges that charge extra fees while maintaining the quality of nursing education. Out of the total applicants, 15,000 students have paid the fee, and most of them are from outside the state.

A total of 2.55 lakh people has applied for nursing and engineering combined. **— BMB**

Armed goons unleash mayhem

Cab attacked, passengers chased at Benniganahalli underpass

| Sridhar.Vivan
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TWEETS @sridharvMIRROR

How safe are our underpasses to drive in at night? A shocking incident was reported in the city on Wednesday night where people had to run for their lives after an attack by goons wielding rods in an underpass that had no lighting. The underpass in question was located below the railway track at Benniganahalli-NGEF - a commonly used route for commuters to reach Tin Factory from Outer Ring Road.

Raju, one of the complainants, described the horrific experience to Bangalore Mirror. He said, "I was returning from the airport in a cab when I noticed an auto-rickshaw and a two-wheeler ahead of me approaching the underpass. As the underpass was a U-turn, all the vehicles had to slow down. Suddenly, the bike ahead of us reversed and sped away, followed by the auto driver who abandoned his vehicle and started screaming."

As they moved ahead, they saw six goons armed with rods appear in front of them, trying to chase them. The underpass was very dark, making the situation extremely dangerous, he explained. "We were left with no option but to open the doors and run. The goons started to chase us. They damaged the car's bonnet and broke open the windshield with their rods," he added.

Fortunately, Raju and the other commuters managed to escape and alert the police. Two police personnel arrived on bikes within 10 minutes and the goons fled the scene.

"This situation was alarming. We could have been easily attacked by the goons if we were inside the car, assuming that we were safe after locking the doors. They could have broken the windshield and harmed us. As bystanders gathered, we started screaming at the goons who eventually ran away without opening the car trunk. Fortunately, two police officers arrived, causing the goons to flee the scene," Raju further recounted.

He said the policemen from the station continued to follow up to ensure their safety and provide assistance.

The incident highlights the need for greater awareness and safety measures in the area. The underpass is a common route that many people take at night to reach Tin Factory or to head towards Indiranagar. Commuters say police must take action to ensure safety such as blocking the area or providing patrolling.

Raju also emphasised the importance of reporting such incidents to the authorities. "I could see the plight of the car driver who was sobbing over the damages, and I had to inform the cab aggregator about the driver's losses," he said. The police said they are investigating.

The goons broke the windshield of the cab using iron rods near the Benniganahalli underpass

Meanwhile, a Twitter user shared another shocking incident. "Today morning some miscreants hit my wife's car from behind with a goods wagon on Varthur Main Road and chased her for a km and blocked her car. They called another guy who arrived on a bike and the three of them tried breaking into her car. On calling 112, the police hoysala reached the spot in five minutes and apprehended the culprits. Very scary for a lone drivers especially women."

PAGE 9 FOR LIVELIHOOD: Focus on backward areas, suggests Karnataka Job Report

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Rayasandra's rabbit hole of trash deepens

Despite repeated complaints from residents, garbage is not being removed

The menace is particularly acute on a 2-km-long stretch, which has become a major health hazard for over 4,000 families living in Rayasandra; Authorities have shown a lack of initiative in addressing the issue

The Rayasandra locality is currently facing a major crisis concerning indiscriminate dumping of garbage, and the situation has only been worsening with each passing day. The problem is particularly acute on a 2-km-long stretch, which has become a major health hazard for over 4,000 families living in the area.

Despite repeated complaints from the local citizens, the authorities have shown a lack of initiative in addressing the issue, which has led to residents questioning whether it is worth voting for elected representatives at all.

Harvish Rao, a resident of Rayasandra, said, "I have made many complaints to the panchayat as well as the MLA, but we have been told that they do not have enough vehicles to collect and clear the trash. As days pass, the garbage just keeps piling up, and the stench is getting worse. Many people commute through the Rayasandra and Gattahalli area every day, and they are being subjected to the foul smell. The situation has even led to many mosquitoes breeding and getting into our houses, which is a major health hazard."

The locality falls under the jurisdiction of the Shantipura Panchayat, and the residents allege that they have complained to the panchayat officials and MLA Shivanand, but no action has been taken by either of them.

The situation has been deteriorating for over two years, and the garbage piling up and the stench emanating from it have taken a toll on the health of the residents.

Suman, another resident of the area, added, "This is a terrible case of management by the local authorities. We have complained so many times and sought help, but nothing has been done. When we vote for elected representatives, it is their duty to ensure that we are provided with basic amenities. However, we are struggling just to get the garbage cleared. Elected representatives should not just come forward during the elections and ask for votes. They should be available at all times to listen to and address the grievances of the citizens."

> **"I have made many complaints to the panchayat and the MLA, but we have been told that they do not have enough vehicles to collect the trash**
> – Harvish Rao, resident

Another resident said that the health and well-being of citizens should be the top priority of the elected representatives and they should be held accountable for their actions or inaction.

"The authorities need to take urgent action and solve the garbage dumping problem and provide us with streetlights and good roads," they added.

— Iffath Fathima

Assembly poll: Healthcare services may be hit

CONTINUED FROM PAGE 1

representation. I want the authorities to utilise the services of government employees, especially teachers and court staff who are on vacation," said a doctor on condition of anonymity.

Some of the doctors are posted as assistant returning officers to check the voters list and put indelible ink on electors' fingers.

"I am supposed to attend training today but could not attend due to some problems. I do not know what made the authorities concerned to shortlist doctors, nurses and paramedical staff for election duty. We have submitted a representation seeking the district election officer to exempt nurses and paramedical staff from election duty as it will affect medical services at the government hospitals," said Karnataka Government Medical Officers' Association president Dr Vivek Dorai.

When contacted, KC General Hospital medical superintendent Indira R Kabade said medical services at the hospital would be affected due to the deputation of medical staff on election duty.

"Around 50 nurses, paramedical staff and laboratory technicians are assigned election duty. They have to attend a one-day training. They have to leave the hospital a day before the polling day to collect polling material. There is no guarantee of nurses and other employees attending duty on the next day of the polling," said the medical superintendent.

Meanwhile, Karnataka Health and Family Welfare Services commissioner Randeep D wrote two letters, on April 17 and 26, to the district election officer seeking exemption of doctors, nurses and paramedical staff from the election duty.

"I wrote two letters to the district election officer based on a letter from the Karnataka Government Medical Officers' Association. The government hospitals are working round the clock; it will be difficult for the doctors to attend to patients without nurses and paramedical staff," said Randeep.

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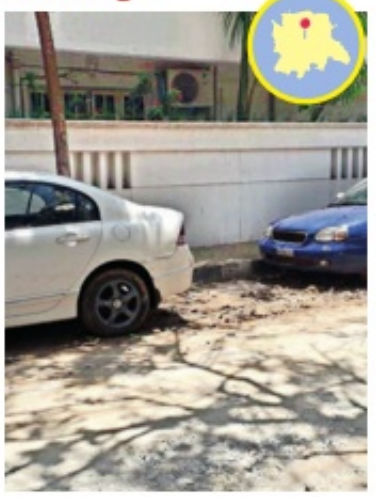
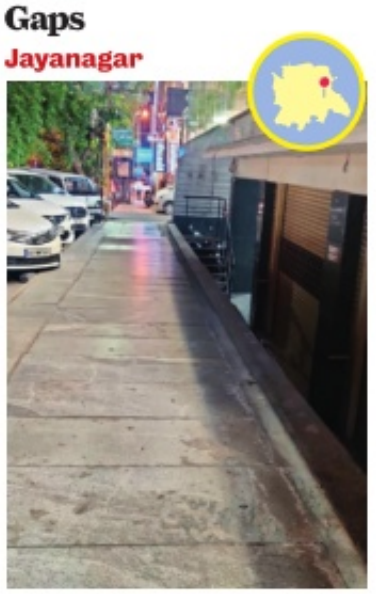


Two cars have been parked in Indiranagar 16th Cross, behind the Casio showroom, for the last two years without any movement.

Gaps

Jayanagar



There is a dangerous gap in the building opposite Cosmopolitan Club in Jayanagar.

Corner trash

Church Street

The BBMP should penalise violators for dumping waste at the corner of Church Street and Museum Road.

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I, VANI JAMPALA, W/o. Krishna Chaitanya Jampala, Residing at flat #S2, Krishna Green Meadows, Near Krishna Heaven Apartments, Nri Layout, Kalkere, Horamavu Post, Bengaluru 560043, have changed my name to PARUCHURI VANI vide affidavit dated: 20/04/2023 sworn before notary B.V.Nagabhushana, Bengaluru

I Yashwanth Kumar B V R/o Bhutakatanahalli Village, Gowdagere hobli, Sira taluk, Tumkur District - 572139 have name Yashavanthakumara B V in educational documents and Yashwanth Kumar B V in other documents both the name belongs to me i would prefer Yashwanth Kumar B V for all future purposes.

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I, Jeynithin Maheshkumar Alias Nitin Hadige Maheshkumar S/o Maheshkumar H C, R/o No.1067, Sunbeam, Sobha Hillview, Kanakapura Main Road, Thalaghattapura, Bengaluru 560109 have changed my name to Jey Kumar, affidavit Dt.27/04/2023 notary Ganesh Gowda M V, B'luru

I, MAHESH S/o Mallikarjun Bagalkot residing at A-103, Mantri Alphyne, Uttarahalli, Kengeri main road, Banashankari 5th Stage, Bangalore-560061 have changed my name to MAHESH M BAGALKOT vide affidavit dated 26.04.2023 sworn before notary Hemalatha.P, B.lore.

I, K.Arun Kumar R/o #14/2,4th Cross ,7thmain Srirampuram Bangalore-21 have changed my minor daughter's name from A.Agalya to A.Lakshanya for all purposes

I, MAHESH BAGALKOT S/o Mallikarjun Bagalkot residing at A-103, Mantri Alphyne, Uttarahalli, Kengeri main road, Banashankari 5th Stage, Bangalore-560061 have changed my name to MAHESH M BAGALKOT vide affidavit dated 26.04.2023 sworn before notary Hemalatha.P, B.lore.

I, SARUNA W/o Mahesh M Bagalkot residing at A-103, Mantri Alphyne, Uttarahalli, Kengeri main road, Banashankari 5th Stage, Bangalore-560061 have changed my name to SARUNA B A vide affidavit dated 26.04.2023 sworn before notary Hemalatha.P, B.lore.

I, Rihan Mohammed R/o #83,Green Apple Villa, Chandapura Anekal Main Road, Thirumagondanahalli Village, Bengaluru 560099 have changed my minor son's name from Armaan Rihan Mohammed to Armaan Mohammed for all purposes.

I, Radhika Reddy Gunapati R/a no. 43, Flat 1B, Vittal Malya Road, Shanthala Nagar, M.G Road, Bengaluru 560001. I have changed my name to Radhika Reddy. Vide affidavit dated 26-04-23. Sworn before notary Sakalesh Aradhya B'lore.

I, Rihana Mohammed Rihan, W/O, Rihan Mohammed #83,Green Apple Villa, Chandapura Anekal Main Road, Thirumagondanahalli Village,Bengaluru 560099 have changed my name to Rihana Mohammed for all purposes.

I, Vijaya Kumar Narayan S/O, Narayan Muniswamy R/o 1709 Arogyamma L/o, 2nd B Cross, K G Halli, Venkateshpuram, bangalore 560045, have changed my name to Vijay Kumar for all purposes.

I, Sanjay Sridhara, R/o Ramamohanpura Bangalore have changed my minor son's name from Sanchith S to Sanchith Sanjay as per the affidavit for all future purposes

I, Mujeebur Rahman M R/o Opp Makkah Masjid 1st Cross A R Extension Hosakote Bengaluru Rural 562114 have changed my minor son's name from Mohammed Zaid to Mohammed Zaid M

I, KARTHIK KOWDOOR HEGDE, S/O. Late Suresh Chandra Hegde Kowdoor, Residing at #621, 13TH Cross, Domlur Layout, Bengaluru 560071, have changed my name to KARTHIK HEGDE vide affidavit dated: 24/04/2023 Sworn Before Notary B.V.Nagabhushana, Bengaluru

Since IRCTC went online...

It has collected Rs 694 cr as convenience fee (this financial year, until December)

Sridhar Vivan
sridhar.vivan@timesgroup.com
TWEETS @sridharvMirror

With many shifting to online ticket booking, the Indian Railway Catering and Tourism Corporation (IRCTC) seems to be raking in money in terms of convenience fee. According to the latest data, the IRCTC earned Rs 604.40 crore in this financial year (till December), compared to Rs 694.08 crore earned last year. For air-conditioned classes, railway passengers have to pay Rs 30 (Rs 15 for non-AC) as a convenience fee if payment is made using a debit or credit card, while Rs 20 (for AC) and Rs 10 for (non-AC) is the convenience fee for tickets booked via UPI.

According to Union Railways Minister Ashwini Vaishnaw, "Cancellation/clerkage charge is levied on cancellation of tickets as per railway passengers' rules. However, in addition to the normal fare indicated on the reserved tickets issued through the computerised Passenger Reservation System counters of Indian Railways, the IRCTC realises a convenience fee from the passengers who book online reserved e-tickets through the IRCTC e-ticketing platform."

Fake emergency quota letters

Meanwhile, the railways have said that they have been receiving a number of fake applications. The Union Minister, during a recent reply in Lok Sabha, said, "Some instances of getting accommodation using Emergency Quota on account of fake letterheads impersonating dignitaries have come to light. With a view to preventing malpractices, reservation requests received from various quarters for the release of accommodation out of Emergency Quota are checked from time to time. In cases where there is doubt about the genuineness of the request/letter, the position is checked by speaking to the concerned person on the phone. Instructions on this account, which already exist, are reiterated from time to time."

Further, when there is a gap in demand and supply of reserved accommodation, particularly during peak rush periods, efforts are made to bridge this gap by planning holiday special trains during the peak rush periods, putting on extra coaches to meet the day-to-day requirements and increasing the number of coaches on a permanent basis in those trains which have high demand and patronage, subject to operational feasibility. Moreover, random checks are conducted in association with the Vigilance Organisation. If any Railway official is found involved in any irregularity, the official is taken up under Disciplinary and Appeal Rules. The process of checks and tightening of procedures is a continuous activity and is closely monitored.

Railways clarify on reserved seats

There have been frequent complaints that commuters who buy unreserved tickets are occupying seats meant for reserved passengers. Clarifying this, Union Minister Vaishnaw said, "The train from SMVT Bengaluru – New Tinsukia Jn was manned by four Travelling Ticket Examiners (TTEs) from SMVT Bengaluru to Perambur on December 27, 2022. Further, two more TTEs manned the train from Jolarpettai to Perambur. An amount of Rs 71235/- was realized from unreserved passengers found traveling in reserved coaches."

> **"Instances of getting accommodation using Emergency Quota on account of fake letterheads impersonating dignitaries have come to light**
>
> – Ashwini Vaishnaw, Minister

File photo of Kisan Rail being flagged off; For AC classes, passengers have to pay Rs 30 as convenience fee if payment is made using debit/credit card

HEALTH TIP: If you're stressed or anxious this can slow digestion, triggering bloating and constipation, but in other people it may speed up digestion causing diarrhoea

Delicious dried fruits like apricot, fig, and mango are very high in sugar, so it's worth keeping your intake in check

Chicken soup for every soul

What to eat when you have covid

Deciding what to eat can be mentally taxing, especially when you are not feeling well. However, our diet plays a role in preventing and managing poor health, including covid.

Having a healthy diet is associated with a reduced risk of covid. And, if you do have covid, a healthy diet is associated with milder symptoms.

When we are sick it can be challenging to even think about food. However, the best way to fight the infection is by providing your body with foods that best support you to heal.

Fresh fruit, vegetables, whole grains and various forms of protein are broken down into substances by the body to support your immune system.

The Australian Guide to Healthy Eating suggests we eat a variety of fresh foods every day including:

- Two serves of fruit and five serves of vegetables
- Whole grains, such as wholemeal pasta, brown rice or wholemeal bread
- Healthy fats, such as avocado or olive oil
- Meat and meat alternatives (such as lean beef, chicken, tofu or legumes) and dairy (such as cheese or milk).
- Eating these kinds of foods every day helps provide our body with the nutrients required to fight infections and remain healthy.
- Avoiding processed and ultra processed foods is also encouraged due to the high levels of salt and sugar and lack of nutrition found in these types of foods.

What about chicken soup or similar?

A great way to get all the nutrition your body requires when sick with covid is through homemade chicken soup, chicken avgolemono, chicken congee or other similar dishes.

Why? Here are four good reasons:

It's easy and cheap to make.
The great thing about chicken soup is you can pop it in one pan (or into a slow cooker), throw all the ingredients in together and let it simmer away.

While the ingredients in chicken soup pack a powerful nutritional punch, they don't cost the Earth.

It's easy to absorb.
The boiling process releases the nutritional elements found in the ingredients and aids in digestion and absorption of these vital nutrients.

It's full of vitamins and minerals.
Essential vitamins and minerals found in chicken soup include: iron, magnesium, sodium, potassium, calcium, chromium, copper, zinc, vitamin A, vitamin C, vitamin B6 and vitamin B12.

It's flavoursome and powerful.
The tasty flavour of chicken soup is enhanced by the seventeen different amino acids found in chicken soup. These amino acids also provide strength for your immune system.

Nutrition can support immune health but it's not the only answer The best way to treat and manage a covid infection is to avoid it in the first place. So remember to practise good hygiene, like washing your hands regularly, and maintain your recommended vaccine schedule.

Practising a healthy lifestyle will also reduce your risks of not only contracting covid, but also developing chronic disease. This includes not smoking or vaping, maintaining healthy physical activity habits, getting enough sleep and reducing alcohol consumption.

The current recommendation for maximum alcohol intake is ten standard drinks in one week, and no more than four standard drinks in one day.

Don't forget to drink plenty of water

Water is crucial when you're sick.

Being dehydrated can enhance symptoms of colds and infections, including covid. It is also associated with a higher risk of developing long covid.

Aim to drink at least two litres of water per day, even more if you have a high body weight or have been losing fluids through vomiting or sneezing/runny nose.

If you don't feel like having plain water, there are many healthy alternatives such as tea, broth or soup.

Eating a healthy and balanced diet is an important part of maintaining good health and vitality.

Getting caught up in fads or buying supplements can be expensive and there is controversy around their effectiveness.

In the long run, eating healthy will make you feel better and save you money.

—By Lauren Ball and Julie Marsh from the University of Queensland (The Conversation)

MIRRORLIGHTS

Here's why teenagers should eat walnuts daily

Consuming walnuts regularly may have a positive impact on sustained attention and intelligence scores of adolescents, a study claims.

Walnuts have a significant amount of alpha-linolenic acid (ALA), an omega-3 fatty acid essential for the body and which plays a key role in brain development, especially in the early stage, the researchers said.

The study, published in the journal eClinicalMedicine, demonstrates that a healthy, balanced diet that provides essential nutrients, such as those found in walnuts, can have a beneficial effect on the cognitive and psychological development of adolescents.

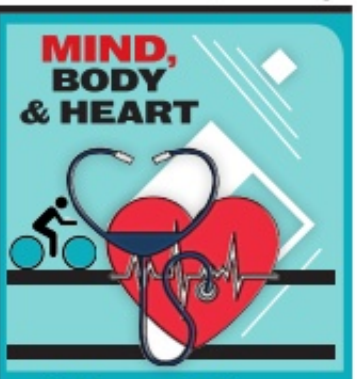
"Adolescence is a period of brain refinement, connectivity and complex behaviours, so it remains sensitive to a number of environmental and lifestyle factors, including diet, from which it requires a large amount of energy and nutrients for proper development," said Jordi Julvez, principal investigator and coordinator of the Neuro Èpia Research Group of the Institut d'Investigacio Sanitaria Pere Virgili

This study involved 700 volunteers. The participants were randomly divided into two groups: the control group and the experimental group.

The experimental group was given packets containing 30 grams of walnuts (equivalent to a handful) and were instructed to consume them daily for 6 months.

Participants who consumed walnuts for at least 100 days showed improvements in attention functions and those with symptoms of attention deficit hyperactivity disorder (ADHD) had better behaviour in class, paying more attention to the teacher and being less hyperactive.

Those who followed more closely the recommended dose of walnuts and the number of days of consumption showed improvements in neuropsychological functions, they said. —PTI



All problems solved

Dear Coleen

I'm 35, single, have a good career, a new apartment and I've just found out I'm pregnant. I've been single so long, but I've had this "friend with benefits" I've been seeing three or four times a week for the past eight years.
He's a lot older than me and has a 16-year-old child - he became a dad when he was my age. We don't date, watch movies or eat out, we just have great sex. I'm happy with this and can't think of anything worse than a full-blown relationship.
The big problem is my FWB is one of my dad's friends, but he never knew me as a child and is a few years younger than my dad. But I can't tell anyone.
I've never wanted children - I love how my life - however I'm 35 and worried about "what ifs". I'm not asking you what I should do, as I know only I can make the decision, but I'm just looking for a sounding board.

COLEEN SAYS

I think you know that if you were to have the baby you would be a single parent because that's the set-up. There's also every likelihood that he wouldn't be there for you and the baby.

Yes, people would be shocked if they found out you'd been seeing this man and that you're pregnant, but you have to remember it's not their life, it's yours.

You sound quite ambitious to me and raising a child is hard, even when there are two of you doing it. You have to try to look at the bigger picture. Eight years is a long time to have this "friends with benefits arrangement". Keeping it a secret must be incredibly tiring. It's also preventing you from living a full life, and taking opportunities that might be good for you. It sounds like you could be scared of committing to a real relationship, which suggests past experiences have made you wary.

—Coleen Nolan, Daily Mirror

‘Focus on jobs in backward districts’

Karnataka Job Report suggests govt introduce incentive programme for these districts

| Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

Candidates throng a job mela organised in Mysuru (file photo)

The Karnataka Jobs Report has suggested the state government identify 10 poor and backward districts and introduce an incentive programme focused on these districts.

The government could pay an employer a monthly incentive of Rs 2,000 to Rs 3,000 in the first few months for every local job created. The report stated that the incentive program, if implemented for two years, would encourage more employers to make the transition from informal to formal employment and it will help create more formal jobs in poorer districts. “This program will also enable these districts to grow faster than the state and will have a multiplier effect on the state GDP,” the report said.

The Karnataka Jobs Report for the year 2022-23 was prepared by Quess Corp Ltd and Federation of Indian Chambers of Commerce and Industry. It said that although Karnataka has been doing well at generating formal jobs, the state government needs to evolve a policy to bring informal workers into the ambit of the formal sector.

“Introducing a scheme similar to the Pradhan Mantri Rojgar Protsahan Yojana, where the government pays employers’ contributions to the EPS for the creation of new jobs, can help in this direction,” the report stated.

According to the report, the comprehensive analysis of various employment and related data bases presented shows that Karnataka has a large number of people formally employed, at nearly 24.74 per cent, which is 4.74 percentage points higher than the national average of 20 per cent. It said that Karnataka is one of India’s significant job-creating states and it accounted for 10.4 per cent of net EPFO payrolls added in India since September 2017. The report stated that according to an analysis of EPFO and ESIC data. Karnataka’s share of India’s gross domestic product (GDP) was 8.8 per cent (in 2021-22), Karnataka has been creating on average 13.58 lakh formal jobs every year in the last five years.

> **“A scheme where the government pays employers’ contributions to the EPS for the creation of new jobs can help**
>
> –From the report

The Karnataka Jobs Report revealed that as per the analysis of EPFO payroll data for the South Indian states, Karnataka and Tamil Nadu are the top formal job-generating states by adding 49.94 lakh and 46.81 lakh net new EPF members between September 2017 and November 2022, respectively. Telangana is a distant third by adding 27.82 lakh jobs in the formal sector, while Andhra Pradesh has added 10.49 lakh members, and Kerala has added the least number of formal jobs at 5.04 lakh.

FICCI Karnataka State Chairman K Ullas Kamath said Karnataka generated more jobs compared with other states. “The state government has to take measures to encourage employers to ensure more jobs in the formal sector by giving incentives. If the state government encourages industries in backward districts to create more jobs, migration of people to Bengaluru will not happen,” said Kamath.

‘Utilisation of BESCOM EV chargers at 10-15%’

CONTINUED FROM PAGE 1

lesser number of charging points make them less desirable. “At KR Circle, there was only one charger compatible with my vehicle. I had to wait for 45 minutes for the other user to leave. Sometimes, the app does not work; at other times the charger malfunctions and one has to restart the charger. For the number of EVs, there aren’t sufficient DC charging points; the locations are not distributed evenly,” said EV user Ananthram.

BESCOM is currently charging Rs 7.5-8.6 per unit of charging. As private players are charging users at a much higher price point, BESCOM officials said they are operating in a no-profit-no-loss scenario.

EV experts said slow scaling could be associated with reduced usage of public chargers with an increase in home charging.

“Among the total number of EVs registered — which is approximately 1,20,000 — two-wheelers constitute 1,00,000. Most two-wheelers charge at the home office and are not capable of fast charging. Considering that charging with slow public charging infrastructure could lead to them being stranded on roadsides for 3-4 hours, it is not an ideal scenario; hence people prefer home charging.

The utilisation rate of existing BESCOM chargers is around 10-15%, which is much lower than what is needed (30% and above) for financial feasibility.

At Rs 7.5 per unit, it’s not even profitable for BESCOM to operate these EV chargers. However, BESCOM should not stop establishing these charging stations as they are more financially feasible for EV users. High charging costs can easily dilute the difference between internal combustion engine (ICE) vehicles and EVs,” said Saad Khan, senior analyst (Electrical Mobility), Centre for Study of Science Technology and Policy (CSTEP).

Experts are of the view that there is a need to shift the focus from public charging to home charging. “Even in advanced countries, 90% of charging happens at home. In some cases, portable chargers are used, but in India, it’s not feasible due to a lack of designated parking spaces. However, the issue of setting up a home charger is beset with problems. There are issues regarding the location of charger establishment, confusion over the utilisation of a common meter over a personal meter, and EV mishaps in parking spaces. There is a need for consensus between OEMs (original equipment manufacturers) and RWAs (resident welfare associations) to establish confidence and streamline the process,” added Khan.

Khan added that as per new building by-laws of the Centre, any new building has to allocate 20% of space for EV charging — but the majority of people live in existing buildings.

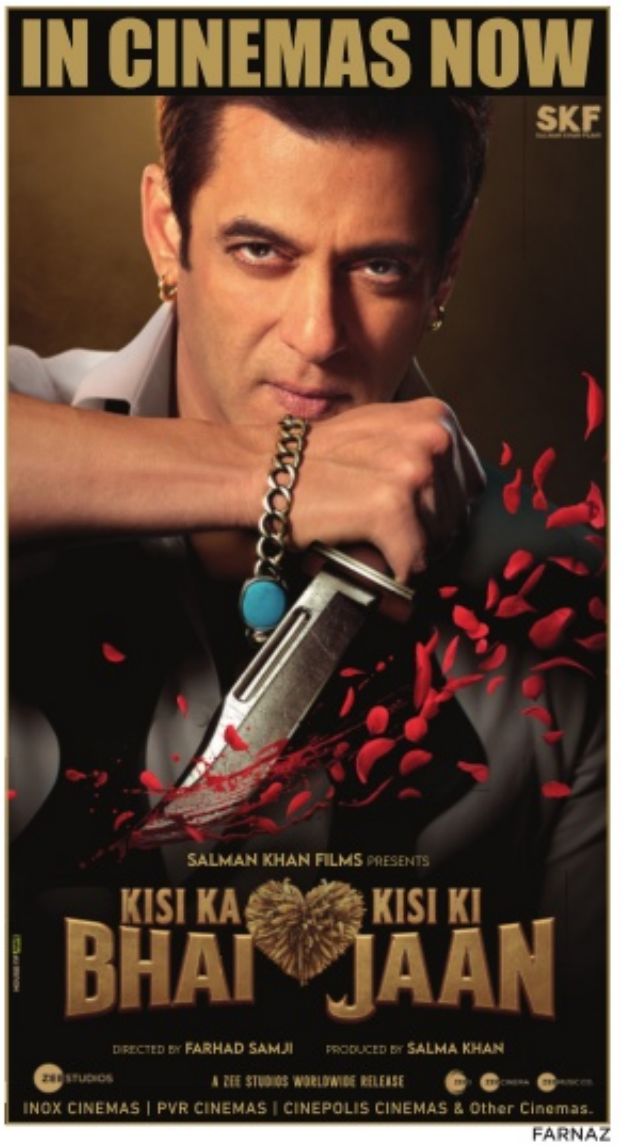
Experts said the rise of public charging infrastructure offered by private players is making BESCOM chargers less useful. “BESCOM is establishing chargers as per land availability but whether it meets the requirement of EV users needs to be questioned. The majority of EV users are within the two-wheelers segment and they have their public charging points set up. Another reason is the absence of standardisation of connectors; interoperability between different models could help with an uptick in the usage of BESCOM’s public charging infrastructure. BESCOM should bring all the charging infrastructure available under one platform for EV users,” said Pawan Mulukutla, director, Integrated Transport, Electric Mobility and Hydrogen, World Resources Institute, India.

Mulukutla added that BESCOM’s role should transform into being a regulator of the market rather than being completely focused on setting up the charging infrastructure. “It should address issues of availability of chargers, locations available for chargers, inter-department coordination for private players, coordination between RWAs and BBMP towards bringing out clearer guidelines on establishing home chargers.”

Experts noted that to scale up public charging infrastructure, BESCOM can use geospatial analysis to identify locations and work with RTOs to understand areas of concentration of EVs.

NUMBER OF CHARGERS

2018	10
2019	126
2022	184
Total	320
Total number of AC chargers	290
Total number of DC chargers	30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DIRECTED BY FARHAD SAMJI
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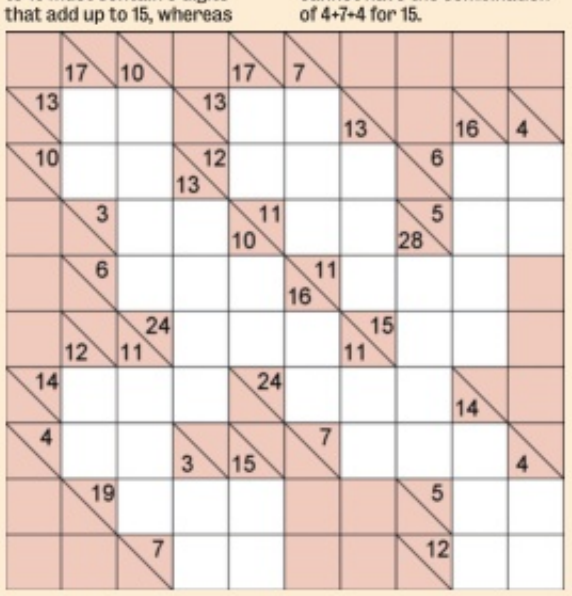
FARNAZ

Kakuro

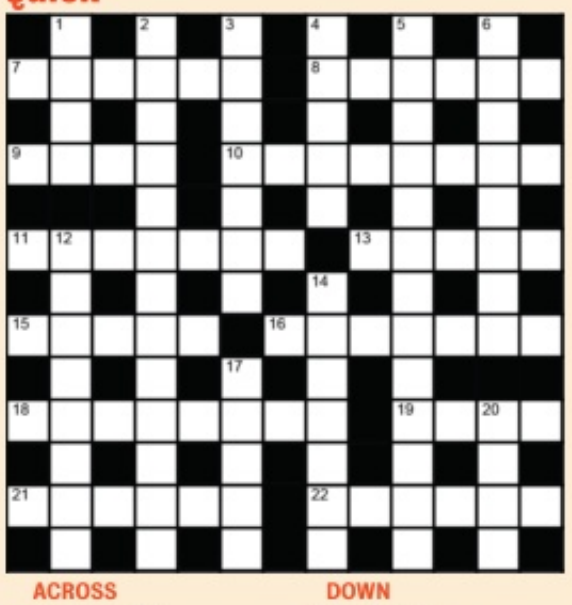
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Reprimand (6)
8 Harbinger (6)
9 Its capital is Bamako (4)
10 Japanese suicide pilot (8)
11 Drag out (7)
13 Work on dough (5)
15 Correct (5)
16 Prolongs or enlarges (7)
18 Agricultural worker (8)
19 Annoys constantly (4)
21 European river (6)
22 Required (6)

DOWN

1 Zeus' wife (4)
2 Lacking strength of mind, courage or spirit (13)
3 Counts or guesses (7)
4 A culinary herb (5)
5 Grief-stricken (6-7)
6 Snowstorm (8)
12 50 kms from Bangalore, this area is a favourite for rock climbers (8)
14 Dripping, leaking or secreting (7)
17 Filled to satisfaction (5)
20 Merriment (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: S EQUALS G

TQZK QY TQGK UTJHQRS J MQATQR QR UBFTQW JRN TKJORQRS XCK QRYXOBLKRX JY ARK SAKY AR.

Linemaro

It seems right now that all I've ever done in my life is making my way here to you

Mindchow

We should consider every day lost on which we have not danced at

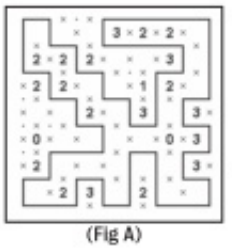
Joke of the day

What's the quietest place in the world? The complaint department at the parachute packing plant

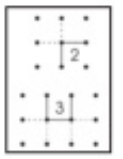
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)



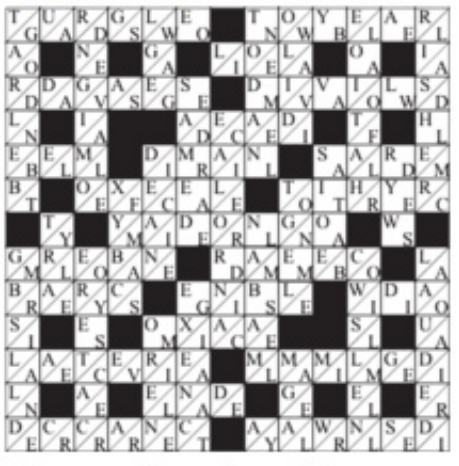
(Fig B) Not Allowed

How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)

Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...

1 M	2	3	4	5
6				
7				
8				
9				

ACROSS

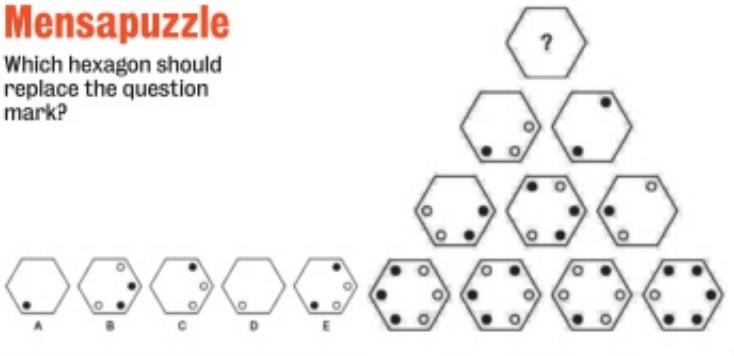
1 Mt Ass; 6 On hut; 7 Rotes; 8 So ere; 9 Drake

DOWN

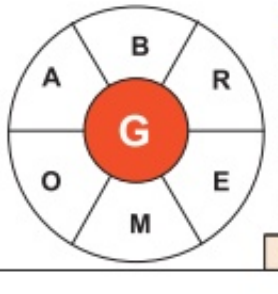
1 Serum; 2 A rant; 3 Hooks; 4 Tores; 5 Ed set

Mensapuzzle

Which hexagon should replace the question mark?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

11 Average; 13 Good; 15 Outstanding

SudokuChallenge

	1		4		5			
9				1		6		
3		2	8				7	4
5		4						
			5		3			
						3		1
4	8				7	2		3
		5		6				7
			2		9		4	

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 12
2 5 5 6

Medium = 8
2 5 7 9

Hard = 8
4 5 7 5

Hocusfocus

Find at least six differences in details between panels.

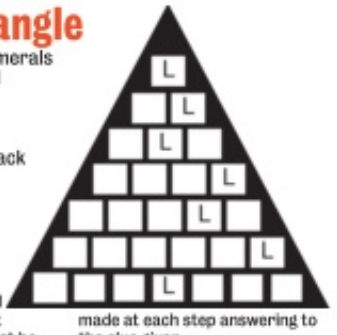
Differences: 1. Puck is moved. 2. Skate blade is missing. 3. Star is moved. 4. Stripe is added to sleeve. 5. Hockey stick is longer. 6. Thumb is moved.

Riddler

Eight divine set out to race. Unequal strides, unequal pace. Laps uneven did they run, What takes him over a hundred takes her one. And in the end who won the bet? Alas who knows they're racing yet Who or what are the divines?

Alpha triangle

1 Fifty in Roman numerals
2 Aluminium symbol
3 English beer
4 Unimagined
5 British noblemen
6 Prepare to mail back
7 Therapists



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

Bizarrotrip

Diamond Lil

Hart of the city

I JUST WANT YOU TO LIKE ME.
OOOH. WELL, I ALREADY LIKE YOU.
REALLY?!
REALLY?!
I'LL GIVE YOU TWO SOME SPACE.
ANYWAY... I DON'T REALLY KNOW WHAT TO DO NEXT.
ME NEITHER.
LET'S FINISH THE CONVENTION.
OKAY!

Crankshaft

I THINK I MAY HAVE COME UP WITH A WAY TO SAVE OUR ICE CARVING FESTIVAL!
I'M DESPERATE ENOUGH TO TRY ANYTHING!
I SAID DESPERATE... NOT INSANE!
BATIUK & DAVIS

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you are blessed by the positive moon and you may feel good. Domestic harmony may make you happy. You may meet an influential person who may help you to gain some benefits in the workplace. You are likely to perform well in your job, and you may expect some rewards in terms of promotions. Disputes regarding inherited property may likely be settled.

Taurus Apr 21 – May 20
Today, you are blessed by the positive moon, and you may be healthy. You may be able to focus on your goals, and your performance may be very good at work. Your boss may be happy with you, and you may get some important responsibilities at work. You may hear good news in any legal matter. You are likely to gain control over your opponents and business rivals.

Gemini May 21 – Jun 21
Today, you may be more intellectual, and you may understand the value of intellectual assets. Sometimes you may need to control your short-temperedness, which may help you to perform your tasks smoothly. There may be some chances for smooth earning, which may give you comfort in the work flow. You are advised to be careful before making new investments in assets. You are likely to spend money on loved ones.

Cancer Jun 22 – July 23
Today, your moon becomes negative, and you may feel negativity around you. You may find your responsibilities burdensome. You may be in a hurry to complete the tasks given to you and make silly mistakes. Your working efficiency may slow down, which may affect your day-to-day work. Your projects may likely be delayed, and it may affect your business. You are advised to take advice from your consultant before making any important decisions.

Leo Jul 24 – Aug 23
Today, you are blessed by the moon, and you may hear good news from your sibling. You may spend your time with family and friends. With the help of creativity, you may plan to renovate your house or office. You may start new partnerships with family members, which will be beneficial in the near future. Your subordinates at the office may help you in terms of the project.

Virgo Aug 24 – Sep 23
Today, you may feel negative, and tasks may remain incomplete. You may be a victim of mood swings, and your patience may be tested many times. Silly mistakes may make it confusing to complete your work. Love birds may find themselves confused in terms of feelings, and high expectations may affect your emotional attachment to your spouse. You are advised to take care of your parents, and students may lose their concentration.

Libra Sep 24 – Oct 22
Today, the positive moon may help you, and you may feel happiness and peace of mind. You may work efficiently in your professional life, and your subordinates may cooperate with you to make important decisions in business. You may plan to start some new ventures with the help of your siblings and network, which may be beneficial to the growth of your business. It is advised to take proper rest to maintain your enthusiasm.

Scorpio Oct 23 – Nov 22
Today, your moon becomes negative, and you may feel detached from responsibilities that you have been given. You may also spend more on purchasing worthless stuff, which may increase negativity in the house or office. You are advised to keep an eye on your opponents and rivals; otherwise, you may become a victim of conspiracy. It is advised to read documents carefully before putting your signature.

Sagittarius Nov 23 – Dec 22
Today, you are blessed by the moon, and you may enjoy your family and professional life. You may become polite with the people around you, which may help in the smooth completion of your work. You may find some new sources of earnings, which may boost your savings. You may also plan to renovate your house or office.

Capricorn Dec 23 – Jan 20
Today, you are blessed by the positive moon. You may enjoy your work, and your hard work may be rewarded. Your social status may be elevated now. Overworking your mind may make you tired due to the workload, and you may not be able to attend a family event. Health issues related to your parents may be resolved now.

Aquarius Jan 21 – Feb 19
Today, you are blessed by the positive moon. You may be satisfied with your work. You may plan for a short work-related trip. You may also plan to travel overseas. You may visit a spiritual place to maintain your inner peace. Your elders may show you the right path, which may give you clarity regarding your goals.

Pisces Feb 20 – Mar 20
Today, you may feel dull and nervous. It is advised to keep your mind cool. Try to be patient and avoid arrogance in the way you speak. You may not be able to recover your money. You are also advised to avoid going on an adventure tour. Students are advised to study in-depth to achieve success.

KIDZONE

Dhanush K, 13 Years, Indiranagar Cambridge School

Vishw Ajit N, 12 Years, New Horizon Public School

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

QUOTE UNCODE
Life is like playing a violin in public and learning the instrument as one goes on.

RIDDLER
Planets of the solar system

BULL'S EYE barge, berg, brag, EMBARGO, ergo, game, gerb, gear, germ, gore, grab, gram, ogre, omega, rage

FAST FIVE

M	A	S	T	S
U	N	H	O	T
S	T	O	R	E
E	R	O	S	E
R	A	K	E	D

SOLVE IN 1M
18-2+2+6 = 8+6 = 10

STRIKE OUT

G	U	R	G	L	E	N	O	B	L	E	R			
A		E		A		L	O		O		A			
R	A	V	A	G	E	M	I	A	O	W	S			
A		E		N	D		D		E		E			
L		T		I		V	I	A		L	A	M	M	E	D
I		S		M	I	C	A			I		L		
G	R	O	A	N		R	A	M	B	O		L		
R	A	Y	S		G	I	B	E		I	D	A		
T		E	X	C	E	L		O	T	H	E	R		
E		L		I	R	A	N		S	A	D	E		
N		I		A	C	E	D		F		H			
A	R	A	V	A	G	E	M	I	A	O	W	S		
L		E		N	D		O		E		E	D		
L	A	T	V	I	A		L	A	M	M	E	D		
I		S		M	I	C	A			I		L		
G	R	O	A	N		R	A	M	B	O		L		
R	A	Y	S		G	I	B	E		I	D	A		
T		E	X	C	E	L		O	T	H	E	R		
E		L		I	R	A	N		S	A	D	E		
N		I		A	C	E	D		F		H			
A	R	A	V	A	G	E	M	I	A	O	W	S		
L		E		N	D		O		E		E	D		
G	U	R	G	L	E	N	O	B	L	E	R			

QUICK

H		R		T		B		B						

MENSA PUZZLE
D: the contents of each hexagon are determined by the contents of the two hexagons immediately below it. Where two identical circles appear in the same corner in these two hexagons, they are carried forward to the hexagon above but change from black to white and vice versa

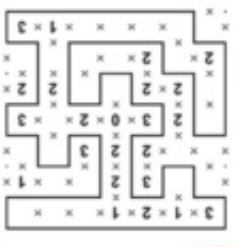
SUDOKU

6	1	7	4	3	5	9	8	2
9	4	8	7	1	2	6	3	5
3	5	2	8	9	6	1	7	4
5	3	4	9	2	1	7	6	8
8	6	1	5	7	3	4	2	9
7	2	9	6	4	8	3	5	1
4	8	6	1	5	7	2	9	3
2	9	5	3	6	4	8	1	7
1	7	3	2	8	9	5	4	6

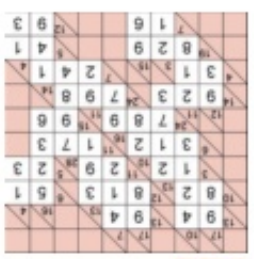
ALPHA TRIANGLE
L, Al, Ale, Real, Earls, Reseal, Healers.

GO FIGURE
Easy
5 + 6 − 5 x 2 = 12
Medium
2 − 7 / 5 + 9 = 8
Hard
5 x 4 − 7 − 5 = 8

LOOP



KAKURO



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Dakota to lead The Watchers

Thriller marks directorial debut of Ishana, daughter of M Night Shyamalan

Actor Dakota Fanning will star in "The Watchers", the upcoming thriller which marks the directorial debut of Ishana Night Shyamalan, daughter of filmmaker M Night Shyamalan.

Ishana, who recently served as writer and director on the critically-acclaimed Apple TV+ series "Servant", which was showrun by her father, has adapted the film from author A M Shine's novel of the same name, according to entertainment news outlet The Hollywood Reporter.

The project is backed by New Line Cinema.

In "The Watchers", Fanning will essay the role of Mina, a 28-year-old artist, who gets stranded in an expansive, untouched forest in western Ireland.

"When Mina finds shelter, she unknowingly becomes trapped alongside three strangers that are watched and stalked by mysterious creatures each night," the official logline read.

M Night Shyamalan and Ashwin Rajan are on board to produce the film through Blinding Edge Pictures. Nimitt Mankad with Inimitable Pictures will also serve as a producer, and Jo Homewood is attached as an executive producer.

Production on the thriller will begin later this year with the studio eyeing a June 7, 2024, worldwide release.

Ishana, a graduate of NYU's Tisch School of the Arts, also directed the second unit on her father's hit films "Old" (2021) and "Knock at the Cabin" (2023).

Fanning will be next seen in "Equalizer 3", which reunites her with "Man on Fire" co-star Denzel Washington. Her upcoming projects also include Netflix limited series "The Perfect Couple" and Steve Zaillian's limited series "Ripley" adapted from Patricia Highsmith's Tom Ripley novels. ' — PTI

SANDALWOOD SHOTS

Y MAHESWARA REDDY

In a new avatar

Vikram Ravichandran is all set to appear on the silver screen in a new avatar after a gap of a year. Ravichandran's second movie Mudhol is to be released shortly. It is learnt that Vikram's father Crazy Star Ravichandran chose the title Mudhol.

"My first movie Trivikram was released last June. The title of my second movie was released on April 26," said Vikram.

Karthik Rajan has been assigned to direct Mudhol, which will be his first Kannada film as a director.

"We were looking for a trained dog for quite a long time. Finally, we got a dog trained by Thyagaraj. We had to have 23 takes for a scene in which the dog carries a knife in its mouth," said Karthik Rajan.

Dialogue writer Maasthi said many script writers used to crave to work for Eshwari Combines established by N Veeraswamy, the father of Ravichandran. "I am very happy to have an opportunity to work with Vikram," said Maasthi. The team of Mudhol completed a 30-day shooting schedule recently.

Heist flick

Director Kiran RK is busy making arrangements for the promotion of his second Kannada movie Ronnie. A teaser and motion poster of the movie were released at MMB Legacy on Thursday. Ronnie is Kiran RK's second movie after Khotti Paise that was released in 2018. He had also written the dialogues for Priyanka Upendra-starrer Ms Nandini.

"This movie will keep the audience on the edge of their seats. All the actors have acted well. The movie revolves around a high-profile heist. It was shot in Bengaluru and Mangaluru for 40 days," said director Kiran.

Elaborating on the plot, the director said the movie is about the disappearance of Rs 30 crore from a bungalow of an influential person. "The police department assigned a police officer (Tilak Shekar) but he could not probe the case due to some reasons. Finally, the government assigned a special officer (Dharma Keerthiraj) to find how the heist took place and who was behind it," the director said.

He said a trained dog from Bengaluru plays an important role in this movie. "I do not want to reveal more details about the dog. Rutvi Patel debuts as a heroine in Sandalwood with this movie. I am happy with Rutvi's acting skills," he said. Ronnie is scheduled to release in Kannada, Tamil, Telugu, Malayalam and Hindi.

DOESN'T WAVER,
DOESN'T WEAKEN.
RARE CHARACTER,
RARE PLATINUM.
— MEN OF —
PLATINUM
TO STAY TRUE IN THIS EVER-CHANGING WORLD IS
EXCEPTIONALLY RARE. AND PLATINUM, A METAL
THAT STAYS UNCHANGED AND IS RESISTANT
TO WEAR AND TEAR, IS JUST THAT.
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